

The use of social media is affecting the person's daily life style! The trend in today's generation is that individuals are focused on the use of social media and technology. There are few informative articles about whether or not social networking affects or causes a massive problem to a person. The authors of documents D and F made an impressive statement related to the article, "Antisocial Networking", written by Hilary Strout's, New York Times, in April 30,2010. Some parents may and may not think Hilary Stou's opinion on social networking and technology is true. After reading these two articles, I agree that social networks can affect a person because of these three reasons: cyberbullying, the negative impact on self-esteem, and it's links to suicide or depression.

First of all, social networking contributes to the act of cyberbullying. Most kids don't even realise that cyberbullying is happening around them and that it can lead to a big problem. In document F the author states, "19% of youth between the ages of 10 and 17 had experienced cyberbullying over the span of a lifetime." This means that the child might get judge a lot or made fun of, which brings their confidence down. Also in document F, the author strongly points out that, "5.7% of teenagers felt afraid to go to their computer." For example, imagine that a child had been harassed or threatened by someone, they would fear using social media not necessarily their device but this most definitely would give a bad experience of social media to that person. Therefore cyberbullying can be one of the reasons why it's affecting users who use it(mostly young adults and kids).

Second of all, social media can negatively impact someone's self-esteem. Self-esteem is another world for self respect, without self respect that person's confidence lowers. According to the author of document D, "Specifically, they singled out the blow to their self-esteem that comes from comparing themselves to peers on facebook and twitter as the biggest downfall." Some people compare themselves to other people because they think they aren't good looking enough so they think they aren't perfect. In article D it also shows, " They(scientist) found that the most common emotion aroused by using Facebook is envy." To put that in much simpler words, people start getting jealous of others. For example maybe someone had more followers or more likes in a picture so that person got jealous. Consequently, the outcome of social media demonstrated the negative impact of self-esteem towards a person's life.

Third of all, social networking causes depression that can possibly lead to suicide. Depression starts with a emotion that a person feels and that sometimes leads to suicide. For example interpreted by the author in document F, "find it increasingly difficult to not only socialize in situations where it is called for, but they are generally more depressed and anxious in actual social situations." In other words,it was extremely difficult for a person to talk freely or act freely

around other people. In document F the author states, "Leads to suicide, which is the third leading cause of death among young people ages 15-24." Having thoughts of suicide is extremely painful for that young adult to get through. There are many extremely bad cases that most kids go through and depression that can lead to suicide is one of the worst to go through.

In conclusion, social networking and social media both can negatively affect a person. We shouldn't stand by and let this happen to any human, including kids and young adults. In each generation, society keeps changing, allowing more ways for the act of cyberbullying to happen, the negative impacts of self-esteem to take effect on a person, and depression that leads to the thoughts of suicide. These three negative outcomes affect the person dramatically which can also affect their daily lives.